

# Antimicrobial Use Toolkit Webinar

### MARCH 13, 2018



# Welcome & Housekeeping

### • Thank you for attending!

- HMS data abstractors
- Administrators
- o QI staff
- Pharmacists
- Hospitalists
- o ID physicians
- Individuals not affiliated with HMS
- Q & A session following presentation
  - All phones muted
  - Please raise your hand using the webinar software or type your question

# Michigan Hospital Medicine Safety (HMS) Consortium

### SCOTT FLANDERS, MD





# **HMS:** Collaborative Quality Initiative

- HMS: 1 of 17 CQIs in Michigan
- Funding: Blue Cross Blue Shield of Michigan
  - o Coordinating Center
  - o .85 FTE data abstraction per hospital
  - Pay for performance
- Michigan hospitals voluntarily enroll

# **HMS** Hospitals



- 43 hospitals
- Diverse types / settings
  - Large AMCs-Small rural hospitals
- Hospital Participants
  - Physician Champion-hospitalist
  - Quality Lead
  - o Data Abstractor
- Improving Care

• Data / best practice sharing / facilitated implementation



# HMS Antimicrobial Use Initiative

- Antimicrobial use data collection began winter 2017
  - ~18,000 cases



- Key areas of focus
  - o Urinary Tract Infection (UTI)/Asymptomatic Bacteriuria
  - Community Acquired Pneumonia (CAP) and Healthcare-Associated Pneumonia (HCAP)

• Several areas of improvement have been identified across the collaborative



# HMS Antimicrobial Use Initiative



- Admission decision (CAP)
- Initial empiric rx
- Fluoroquinolone-non-preferred
- Diagnostic testing
- De-escalation
- Treatment duration

### • UTI (uncomplicated / complicated / ASB)

- Diagnostic testing (ASB)
- o Unnecessary treatment (ASB)
- Initial empiric rx
- Fluoroquinolone non-preferred
- De-escalation
- Treatment duration
- Urinary catheter appropriateness



Blue= Low Volume



<u>Blue</u> = Low Volume



\*= Low Volume



\*Broad Coverage= MRSA and/or Pseudomonas (includes antipseudomonal beta lactams and fluoroquinolones)

# Antimicrobial Use Toolkit

### LINDSAY PETTY, MD TEJAL GANDHI, MD



## Antimicrobial Use Toolkit



# Key strategies to improve antimicrobial use globally Developed in partnership with BCBSM & the CDC

Tier 1: Implement Global Strategies to Improve Antimicrobial Use

Convene a Workgroup to Focus on Tier 1 Strategies	Develop and Share Institutional Guidelines for UTI and Comunity-Acquired Pneumonia (CAP)	Integrate and Operationalize Institutional Guidelines for UTI and Community-Acquired Pneumonia (CAP)	Reduce Duration of Antibiotic Treatment for Uncomplicated CAP to 5 Days	Reduce Testing and Treatment of Asymptomatic Bacteriuria (ASB)	De-escalate Antibiotic Treatment for UTI and Pneumonia
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Support for HMS is provided by Blue Cross and Blue Shield of Michigan and Blue Care A as part of the BCBSM Value Partnerships program. Although Blue Cross Blue Shield of H and HMS work Caliboartively, the ophinons, beliefs and viewpoints expressed by the a not necessarily reflect the opinions, beliefs and viewpoints of BCBSM or any of its empl



Nonprofit corporations and independent licensees





- Toolkit is available on the HMS website
   <u>http://mi-hms.org/hms-antibiotic-toolkit</u>
- Highlight key tools during today's webinar

# HMS Antimicrobial Toolkit Quick Reference Guide





### QUICK REFERENCE HMS ANTIMICROBIAL INITIATIVE TIER 1 INTERVENTIONS

This reference document provides a summary of the Tier 1 Toolkit for the HMS Antimicrobial Initiative that aims to implement global strategies to improve antimicrobial use

### Convene a Workgroup to Focus on Tier 1 Strategies

The workgroup will likely be a new subgroup of your antimicrobial stewardship team. For maximum impact, the workgroup should consist of a multidisciplinary team that includes (but is not limited to) key stakeholders, such as a Hospitalist, Infectious Disease physician and/or pharmacist, Emergency Medicine physician, house officers, IT personnel, microbiology lab representative, and nursing.

#### Tools and Resources:

- HMS site reports (hard copy distributed at collaborative wide meetings and live reports available daily via the HMS data entry system)
- CDC Core Elements of Hospital Antibiotic Stewardship Programs

### Develop and Share Institutional Guidelines for UTI and Community-Acquired Pneumonia (CAP)

Develop institutional guidelines, locally-adapted from national and HMS guidelines, for treatment of community-acquired pneumonia (CAP) and UTI. If institution specific guidelines already exist, they should comply with the following:

#### CAP

Institutional guidelines should:

- Recommend 5-day antibiotic treatment duration for uncomplicated CAP
- Review the risk factors for Multi-Drug Resistant Organisms (MDRO) and/or Healthcare-Associated Pneumonia (HCAP)
- Provide recommendations for transition to oral therapy
- De-emphasize fluoroquinolones

UTI

## Strategy #1: Convene a Workgroup to Focus on Tier 1 Strategies



#### Background, Rationale and Suggested Implementation Strategies

- The workgroup will likely be a new subgroup of your antimicrobial stewardship team.
- For maximum impact, the workgroup should consist of a multidisciplinary team that includes (but is not limited to) key stakeholders, such as a Hospitalist, Infectious Disease physician and/or pharmacist, Emergency Medicine physician, house officers, IT personnel, microbiology lab representative, and nursing.
- Designate an internal lead for urinary tract infection (UTI) and pneumonia antibiotic-related quality improvement efforts. This person is responsible for ensuring implementation of interventions recommended by the workgroup, as well as identifying barriers and troubleshooting during implementation.
- Meet quarterly to review data, define problem areas, identify underlying causes of problem areas and determine interventions for improvement.
- Communicate work to local leadership to ensure institutional buy-in.
- Engage key stakeholders in the design of interventions to encourage provider buy-in.
- When implementing interventions, consider using behavioral economic principles or social psychology to provide additional cultural incentives to change.
- Implement at least <u>two</u> new interventions per year.
- Assess post-intervention data for success or failure of intervention, and make modifications as needed.

- **<u>Subgroup</u>** of current antimicrobial stewardship team
- Key members
  - Hospitalist, ID physician, ID pharmacist, ER physician, house officers, nursing, IT, and microbiology lab personnel
- Meet quarterly and implement at least two new interventions per year
- Assess post-intervention and make modifications

## Strategy #1: Convene a Workgroup to Focus on Tier 1 Strategies



#### Resources, References & Tools

#### Resources & Tools:

- HMS site reports (hard copy distributed at collaborative wide meetings and live reports available daily via the HMS data entry system)
- CDC Core Elements of Hospital Antibiotic Stewardship Programs
- CDC Implementation of Antibiotic Stewardship Core Elements at Small and Critical Access Hospitals
- <u>CDC Antibiotic Training Course</u> (Webinar-Free CE's available)
- IDSA <u>Guidelines for Implementing an Antibiotic Stewardship</u> Program

#### References:

- Saint S et al. <u>Importance of leadership for successful</u> implementation of interventions to prevent hospital-acquired infections</u>. Infect Contol Hosp Epidemiol 2010.
  - Strong leaders focus on overcoming barriers, inspire their employees, and think strategically while acting locally
- ANA/CDC White paper. Redefining the Antimicrobial Stewardship Team. 2017.
  - Demonstrates importance of nursing and multidisciplinary antibiotic stewardship teams, highlighting roles individuals can play in stewardship efforts
- Heil E et al. <u>Essential Role of Pharmacists in Antimicrobial</u> <u>Stewardship</u>. Infect Contol Hosp Epidemiol 2016.
  - Highlights the critical role of antimicrobial stewardshiptrained pharmacists in a successful hospital stewardship program.
- Sikkens JJ et al. <u>Behavioral Approach to Appropriate Antimicrobial</u> <u>Prescribing in Hospitals: The Dutch Unique Method for</u> <u>Antimicrobial Stewardship (DUMAS) Participatory Intervention</u> <u>Study, JAMA Intern Med</u> 2017.
  - Shared the problems of inappropriate prescribing, and allowed providers free choice to develop an intervention.
  - Inappropriate antimicrobial prescribing decreased

### Resources provided emphasize the importance of involving key stakeholders



# Strategy #2: Develop and Share Institutional

#### Background, Rationale and Suggested Implementation Strategies

 Develop institutional guidelines, locally-adapted from national and HMS guidelines, for treatment of community- acquired pneumonia (CAP) and urinary tract infection (UTI). If institution specific guidelines already exist, they should comply with the following:

#### CAP

Institutional guidelines should:

- Recommend 5-day antibiotic treatment duration for uncomplicated CAP
- Review the risk factors for multi-drug resistant organisms (MDRO) and/or Healthcare-Associated Pneumonia (HCAP)
- Provide recommendations for transition to oral therapy
- De-emphasize fluoroquinolones

#### υτι

Institutional guidelines should:

- Recommend against sending urine cultures in the absence of urinary symptoms
- Recommend against treating a positive urine culture in the absence of urinary symptoms
- De-emphasize fluoroquinolones
- Provide recommendations for transition to oral therapy
- Share the CAP and UTI guidelines with members of the work group and frontline providers to get feedback and to ensure buy-in.
- Publish guidelines in multiple formats, including booklet, hospital intranet, or an application for smartphones.
- Share HMS data and local opportunities for improvement institution-wide.

### Develop institutional guidelines

- Locally-adapted from national and HMS guidelines
- CAP and UTI
- If guidelines already exist, ensure guidelines match recommendations
- Share the guidelines in multiple formats and get feedback from the frontline providers

# Strategy #2: Develop and Share Institutional

#### Resources, References & Tools

#### Resources & Tools:

Examples of Guidelines that could be locally-adapted to your institution:

- National Guidelines:
  - Infectious Diseases Society of America (IDSA)/American Thoracic Society Consensus Guidelines on the Management of Community-Acquired Pneumonia in Adults. CID 2007.
  - IDSA Guidelines for the Diagnosis and Treatment of Asymptomatic Bacteriuria in Adults. CID 2005.
  - IDSA and European Society for Microbiology and Infectious Disease Guidelines for Treatment of Acute Uncomplicated Cystitis and Pyelonephritis in Women. CID 2010.
  - IDSA Guidelines for Diagnosis, Prevention, and Treatment of Catheter-Associated Urinary Tract Infection (CA-UTI) in Adults. CID 2010.
- HMS Guideline:
  - <u>CAP</u>
- Institutional Guideline Examples:
  - <u>CAP Guideline Examples</u> (Appendix A)
  - UTL Guideline Examples (Appendix B)
- Pocket Cards:
  - CAP (Appendix C)
  - <u>UTI</u> (Appendix D)
  - Example of Educational Computer Screensaver (Appendix E)

- Links to National Guidelines (IDSA)
- HMS treatment guidelines for CAP and UTI
- Example of institutional guidelines
- Sample pocket cards for ASB and CAP
- Educational screensaver

## Strategy #2: Develop and Share Institutional Guidelines for UTI and CAP

### Example of Institutional Guideline for CAP

- Sample Guideline
- Resource provided highlighting key areas to modify existing guidelines
  - Consistent with National & HMS Guidelines
  - Improve in HMS performance measures





\*\*Suggested dosing only. Please individu Anaerobic coverage is not routinely wa For more detail about these guidelines, please see the <u>I</u>

Support for 10M5 is provided by Disa Cross and Disa Enkids of Michigan and Disa Care Network as a part of the DCB5M Value Partnenship program. Although Disa Cross Base Shield of Michigan and 10M5 work collaboratively, the opioison, belief, and viewpoints of DeB5M or any of the employees.

### \*Sites can add Hospital Logo for Distribution

### Strategy #2: Develop and Share Institutional Guidelines for UTI and CAP MICHIGAN HOSPITAL MEDICINE SAFETY CONSORTIUM

### **UTI Pocket Card**



#### TON

51	HOULD THIS PATIENT DE EVALU.						
		EMPIRIC THERAF	Y BASED ON CL	ASSIFICATIO	N OF URINARY TRACT INFECTION		
	Does the patient have any of t	Empiric choices should take into account previous cultures. If urine culture is negative & patient was on antibiotics at the time of culture & patient has symptoms (1-7 on the reverse side), it r					
1.	. Urgency, frequency, dysuria	PATIENT CATEGORY	PREFERRED	ALTERNATIVES	DURATI Back		
Encert	Suprapubic pain or tenderness Sostovertebral pain or tenderness	ASYMPTOMATIC BACTERIURIA	Do not treat except in pregnancy, prior to				
Front	r $\ge 2$ SIRS criteria Fever $\ge 38^{\circ}$ C or Rigors	Defined as having NONE of the symptoms (1-7) listed on reverse side	urologic procedures, or neutropenia				
6. 7.	. Acute hematuria . Increased spasticity or autonomic dysreflexia	UNCOMPLICATED LOWER UTI (CYSTITIS)	TMP/SMX, Fosfomycin, or Nitrofurantoin	Oral Beta-Lactam (e.g. Cephalexin or Cefpodoxime)	TMP/SMX x 3 days Nitrofurantoin x 5 days (avoid in CrCl < 30 mL/min) Fosfomycin x 1 dose Oral Beta-Lactam x 3-7 days		
_	YES	COMPLICATED LOWER UTI (CYSTITIS)	TMP/SMX, Fosfomycin,	Oral Beta-Lactam or IV Beta-Lactam <u>Severe PCN or</u>	TMP/SMX x 7 days Fosfornycin (q48h) x 3-5 doses Nitroficantoin x 7 days		
	Send UA and, if positive, send Urine Culture	Male, urinary catheter present or within Last 48 hours, anatomic abnormality or obstruction, significant co-morbidities	or Nitroturantoin	<u>Cephalosporin</u> <u>Allergy:</u> Aztreonam	Oral Beta-Lactam, IV Beta-Lactam, or Aztreonam x 7 days		
Sta	culture Start empiric therapy (see reverse side)	UNCOMPLICATED PYELONEPHRITIS	TMP/SMX, Fluoroquinolones, or Beta-Lactams		IV Beta-Lactam Therapy followed by Oral Beta-Lactam or Oral TMP/SMX therapy : 7-14 days IV Beta-Lactam Therapy x 7 days TMP/SMX x 7-14 days Fluoroquinolones x 5-7 days		
*Symptom-based screening is not reliable in the following cases: pr nephrostomy tubes, urinary tract stents, h/o ur to the ICU, or patients with neutrop Blue Cross Blue Shield Blue Cross Blue Cross		COMPLICATED PYELONEPHRITIS & UTI WITH BACTEREMIA	Defer to Individual Institutions		Complicated Pyelonephritis : 7-14 days UTI with Bacteremia : 7-14 days [Shorter courses of therapy (7 days) with a fluoroquinolone or IV beta-lact can be considered in female patients without co-morbid conditions who a bacteremic secondary to pyelonephritis or cystits/lower UTI who have rap clinical response to therapy.]		
Nonerofit cosporations and independent licenses or the Brue Cross and Blue Sheet Association		Follow culture results and de-escalate therapy based on final results and sensitivities.					

ort for HMS is pro ded by Blue Cross and Blue Shield of Michigan and Blue Care Network as a part of the BCB Partnemhips program. Although Dise Cross Dise Shield of Michigan and 10M5 work collaboratively, the opinions, beliefs, an viewpoints expressed by the author do not necessarily reflect the opinions, beliefs, and viewpoints of BCBSM or any of its en FOR EACH ANTIBIOTIC: DOCUMENT INDICATION AND PLANNED DURATION FOR ALL PATIENTS. For more detail about these guidelines, please see the Guidelines for Treatment of UTIs published by HMS.

### \*Can add Hospital Logo for Distribution

# Strategy #2: Develop and Share Institutional Guidelines for UTI and CAP

Example of Educational Screensaver for Hospital Computers

Promotes/Educates Use of Guidelines

Provides Reference to Guideline 

### Antimicrobial Utilization

 Most types of pneumonia should not be treated for more than 5-7 days

 Most UTIs should not be treated for more than 7 days

· Do not treat asymptomatic bacteriuria

(Guidelines from IDSA)

# Strategy #3: Integrate and Operationalize Institutional Guidelines for UTI and CAP



Background, Rationale and Suggested Implementation Strategies

- Educate providers, including hospitalists, internal medicine, family medicine, emergency medicine physicians, residents, advanced practice professionals (APPs), and nursing staff about antibiotic resistance and appropriate antimicrobial prescribing.
- Educate patients and families about antibiotic resistance and appropriate antimicrobial prescribing.
- During educational sessions, highlight HMS data, showing opportunities for improvement.
- Communicate and promote institution-specific guidelines with frontline providers, including physicians, APPs, nursing, and pharmacy to ensure use of recommendations (morning report, grand rounds, medical staff meetings, division meetings).
- Integrate recommendations into key processes within the healthcare system such as into order sets, individual orders, discharge planning/processes, required yearly education for staff, etc.
  - Build systems that can help modify provider behavior.
     Examples include (but are not limited to): clinical decision support tools and pharmacist review of antibiotic prescribing.
  - After 3 months of guideline use, obtain provider feedback from multiple groups (including hospitalists, internal medicine, emergency department, etc.), and modify accordingly.
    - Consider social factors in marketing guidelines to frontine providers. Highlight their participation in creation of the guidelines, and try to overcome viewpoints of loss of provider autonomy. Instead, emphasize improvement in quality and outcomes.
  - Involve hospitalist champions in the education and dissemination process.

- Education for providers, patients and families
  - Integrate recommendations into key processes (i.e. order sets, discharge planning, etc.)
- Obtain provider feedback after 3 months of guideline use
- Involve hospitalist champions in education and dissemination

# Strategy #3: Integrate and Operationalize Institutional Guidelines for UTI and CAP



#### Resources, References & Tools

#### Resources & Tools:

- Review HMS institution specific data to identify areas for local improvement
- <u>CAP Order Set Example</u> (Appendix F)
- UTI Order Set Example (Appendix G)
- Patient Education Handout Example
  - Patients: What you need to know when you are prescribed an antibiotic (Appendix H)

#### References:

- Meeker D et al. <u>Nudging guideline-concordant antibiotic</u> prescribing: a randomized clinical trial. JAMA Intern Med 2014.
  - Displayed poster-sized commitment letters to avoid inappropriate antibiotic prescribing for Acute Respiratory Infections (ARIs) in exam rooms, providing patient/family education and behavioral "nudge"
- Hartley S et al. Evaluating a Hospitalist-Based Intervention to Decrease Unnecessary Antimicrobial Use in Patients With Asymptomatic Bacteriuria. Infect Contol Hosp Epidemiol. 2016.
  - Reduced treatment of ASB with educational sessions and pocket cards for hospitalists at all sites, and a pharmacistled review of positive urine cultures at one site
- Haas MK et al. <u>Effects of a Syndrome-Specific Antibiotic</u> <u>Stewardship Intervention for Inpatient Community-Acquired</u> <u>Pneumonia</u>. Open Forum Infect Dis 2016.
  - Reduced duration of CAP treatment by development of institutional guidelines and integration into CPOE for treatment of non-ICU CAP using key stakeholders and hospitalist physician champions.
  - For education/dissemination: utilized emails, posters in work rooms, presentations in Grand Rounds and division meetings
- Scymzcak J et al. <u>Pediatrician Perceptions of an Outpatient</u> <u>Antimicrobial Stewardship Intervention</u>. Infect Contol Hosp Epidemiol 2014.
  - Qualitative study interviewing pediatricians after a stewardship intervention

• Example CAP & UTI Order Set

# • Example patient education brochure

# Strategy #3: Integrate and Operationalize Institutional Guidelines for UTI and CAP



### **Antibiotic Patient Education Brochure**



### What You Need to Know When You Are Prescribed an Antibiotic

Your healthcare team has prescribed antibiotics for you because they think you may have an infection, or another condition which requires antibiotics. Some infections can be treated with antibiotics, which are powerful medications that kill bacteria and can save lives. Like all medications, antibiotics have side effects and should only be used when necessary. Your doctor thinks the benefits of antibiotics outweigh the potential risks at this time.

#### What are some questions to ask my doctor about antibiotics?

As a patient or caregiver, it is important to understand your or your loved one's antibiotic treatment. Here are some important questions to ask your healthcare team if you haven't already been told the answers:

- What infection or condition is this antibiotic treating and how do you know I have that infection or condition?
- What side effects might occur from this antibiotic?
- · How long will I need to take this antibiotic?
- Is it safe to take this antibiotic with other medications or supplements (e.g., vitamins) that I am taking?
- Are there any special directions I need to know about taking this antibiotic? For example, should I take it with food?
- How will I be monitored to know whether my infection or condition is responding to the antibiotic?

### Example Order Set

#### CAP ORDER SET EXAMPLE

Community Acquired Pneumonia (Pathway A- Non ICU patient)

- Duration of therapy is 5 days for patients who defervesce within 72 hours and have no more than 1 sign of CAP
  instability at the time of antibiotic discontinuation
- Patients with delayed response should discontinue therapy 48-72 hours after defervesce and have no more than 1 sign of CAP instability at time antibiotic discontinuation

CAP clinical signs of instability (if different then patient baseline status)

- HR ≥ 100 bpm
- RR ≥ 24 breaths/min
- SBP ≤ 90 mmHg
- 4. Arterial O2 sat ≤ 90% or pO2 ≤ 60 mmHg on room air
- 5. Altered metal status

#### Preferred Therapy

PCN allergy without anaphylaxis, angioedema or urticarial
 Severe PCN allergy AND/OR cephalosporin allergy (anaphylaxis, angioedema, hives)

#### Preferred Therapy

Preferred regimen- ampicillin/sulbactam AND azithromycin IV/PO

ampicillin-sulbactam (UNASYN) IV 3 g, Intravenous, EVERY 6 HOURS SCHEDULED

azithromycin (ZITHROMAX) tablet 500 mg, Oral, ONCE

azithromycin (ZITHROMAX) tablet 250 mg, Oral, ONCE DAILY, starting H+24 Hours for 4 doses

azithromycin (ZITHROMAX) IV 500 mg, Intravenous, ONCE

azithromycin (ZITHROMAX) IV 250 mg, Intravenous, EVERY 24 HOURS, Starting H+24 Hours

doxycycline hyclate (VIBRAMYCIN) capsule- ALTERNATIVE for macrolide allergy 100 mg, Oral, 2 TIMES DAILY

PCN allergy without anaphylaxis, angioedema, or urticarial

Ceftriaxone AND azithromycin

Ceftriaxone (ROCEPHINE) IV 1g, Intravenous, EVERY 24 HOURS

azithromycin (ZITHROMAX) tablet 500 mg, Oral, ONCE

azithromycin (ZITHROMAX) tablet 250 mg, Oral, ONCE DAILY, starting H+24 Hours for 4 doses

azithromycin (ZITHROMAX) IV 500 mg, Intravenous, ONCE

azithromycin (ZITHROMAX) IV 250 mg, Intravenous, EVERY 24 HOURS, Starting H+24 Hours

doxycycline hyclate (VIBRAMYCIN) capsule- 100 mg, Oral, 2 TIMES DAILY

Severe PCN allergy AND/OR cephalosporin allergy (anaphylaxis, angioedema, hives)

Levofloxacin

Ievofloxacin (LEVAQUIN) tablet 750 mg, Oral, DAILY

Ievofloxacin (LEVAQUIN) IV 750 mg, Intravenous, EVERY 24 HOURS

Background, Rationale and Suggested Implementation Strategies

- Educate providers on:
  - The correct diagnosis of CAP and HCAP
  - The justification for 5 days of therapy for uncomplicated CAP
- Review CAP cases identified by HMS to implement highyield interventions for recurrent problems
- Evaluate and understand differences in provider groups (e.g., Hospitalists, Emergency Medicine providers). Target interventions to specific provider groups as necessary.
- Evaluate existing order sets to ensure antibiotic preferred options, doses, and durations are consistent with institutional pneumonia guidelines.
- Require documentation of dose and indication of antibiotics prescribed in the antibiotic order.
- Encourage documentation of dose, indication, and duration of antibiotics in the progress note.
- Require a 72-hour Antibiotic Time Out, during which total duration should be discussed.

 Focus efforts on discharge prescribing, as HMS data shows that discharge prescriptions account for 80% of inappropriate antibiotic treatment for uncomplicated CAP.

- Require documentation of the total duration of antibiotics in the discharge summary, potentially incorporating an area for antibiotic duration to be filled out in an automated discharge process.
- Incorporate nursing and pharmacy into review of the discharge antibiotic.
- Provide audit and feedback directly to providers regarding the duration of antibiotics they use for patients with uncomplicated CAP.

- Educate providers
- Evaluate differences in provider groups
- Documentation of dose/indication/duration
- 72-hour time out
- Efforts focused on discharge prescribing
- Audit & Feedback

### Resources, References & Tools

References:

- Avdic E et al. Impact of an Antimicrobial Stewardship Intervention on Shortening the Duration of Therapy for Community-acquired Pneumonia. Clin Infect Dis 2012.
  - Reduced treatment duration of CAP with educational lectures based on survey results, and post-prescription pharmacy review with verbal feedback
- Yogo N et al. <u>Intervention to Reduce Broad-Spectrum Antibiotics</u> and Treatment Durations Prescribed at the Time of Hospital <u>Discharge: A Novel Stewardship Approach</u>. *ICHE* 2017
  - Reduced antibiotic duration prescribed at discharge by developing a guideline for antibiotic selection and treatment duration and performing pharmacy audit and feedback of discharge prescriptions
- Foolad F et al. <u>A multicenter stewardship initiative to decrease</u> <u>excessive duration of antibiotic therapy for the treatment of</u> <u>community acquired pneumonia</u>. J Antimicrob Chemother 2018
  - Treatment duration for CAP was reduced by updating institutional CAP guidelines, providing educational sessions, and performing daily audit and feedback on appropriate treatment duration for CAP patients

### 3 component intervention to reduce CAP treatment duration

- Survey to assess knowledge/practices related to the treatment of patients with CAP
- Educational lecture including survey results & evidence-based guidelines
- Prospective audit & feedback by pharmacists

### Resources, References & Tools

#### Resources & Tools:

- HMS Document: <u>Treatment duration for uncomplicated</u> <u>community-acquired pneumonia: the evidence in support of 5</u> <u>days.</u>
- Review HMS site reports (hard copy distributed at collaborative wide meetings and live reports available daily via the HMS data entry system) for the following:
  - Uncomplicated CAP treated with 5 days of antibiotics
    - <u>Types of Reports Available via HMS Registry</u>: Hospital Specific, Provider Group Specific (i.e. hospitalist v. emergency room physician), or Provider Specific
- HMS Guideline:
  - CAP
- <u>CAP Pocket Card</u> (Appendix C)
  - Consider modifying to poster size for posting in
- Factsheet Emphasizing Focus on Discharge Prescriptions
- Educational Videos:
  - Vaughn V. Antibiotic Stewardship: Community-Acquired
- <u>72-hour Antibiotic Time Out Checklist</u> (Appendix J)
  - (Appendix K)
- Example of email feedback on provider performance for duration of CAP treatment (Appendix L)

- Tool to improve antibiotic prescribing at hospital discharge
- CAP educational video (for providers)
- Antibiotic time out checklist (72-hour time out)
- Sample hospital newsletter
- Sample audit & feedback emails



### Tool to Improve Antibiotic Prescribing at Discharge

#### D.I.S.Ch.A.R.G.E. Antibiotics: FACTS AND SOLUTIONS

#### D.I.S.Ch.A.R.G.E!

How to improve antibiotic prescribing at hospital discharge.

#### Defaults and order sets

- Consider use of default durations, default transitions from IV to oral, and recommendations within computerized order-entry to improve early transition to appropriate oral therapy (which can then be continued on discharge)
- Make sure default orders and order sets recommend guideline-appropriate antibiotic choice and duration

#### Incentivize

> Consider incorporating discharge antibiotic metrics into quality or compensation targets

#### Discharge Summary

- Require documentation of total antibiotic duration in discharge summary
  - Consider enforcing this rule by using smart phrases with hard stops for antibiotic duration in the discharge summary
  - E.g.: To treat (disease), Mr(s) X will continue (abx name) for X additional days, for X days total.

#### Checklist

> Use an antibiotic checklist at discharge to evaluate and ensure antibiotic appropriateness

#### Audit and Feedback

Audit and provide feedback of discharge prescriptions (e.g., pharmacists or stewardship team, performance review, quality compensation targets)

Review: Incorporate antibiotic appropriateness into discharge review process using different members of the care team

> For example

- With pharmacists (when reviewing or filling discharge medications)
- With bedside nurse (when reviewing discharge medications)
- During multidisciplinary/discharge rounds

#### Guidelines

- Make sure your institutional guidelines include oral antibiotic recommendations for discharge for common infections (e.g., pneumonia, urinary tract infection)
  - Prioritize non-fluoroquinolone antibiotics in guidelines
  - Recommend alternatives to fluoroquinolone antibiotics when possible
  - Provide a recommendation for appropriate duration for different disease states (e.g., 5 days for community-acquired pneumonia), making sure that total duration includes effective inpatient therapy

Educate providers on guidelines and discharge recommendations

- Formal lectures to residents, physicians (e.g., hospitalist, ID, ED), APPs
- Consider using pocket card
- Consider the use of multiple ways to post guidelines (e.g., websites, apps, printed books)

### D.I.S.Ch.A.R.G.E

- Defaults and Order Sets
  - Incentivize
  - Discharge Summary
    - Checklist
  - Audit and Feedback
    - Review
    - Guidelines
      - Educate
- Good summary of interventions targeting improvement in discharge prescribing of antibiotics

### CAP Duration Audit & Feedback: **Top Performer Sample Email**



### CAP Duration Audit & Feedback: **Prolonged Duration Sample Email**

#### Prolonged Duration of Antibiotics for Uncomplicated CAP



#### Dear

YOU ARE A TOP PERFORMI

Uncomplicated CAP

Upon reviewing the follow like to share the following , was give evidenced-based Institutio received an appropriate du

If you have any questions, appreciate your ongoing ef

Sincerely,

Hospital Medicine Safety Quality Improvement Team-Ann Arbor

"This is a confidential professional/peer review and quality improvement document of xxxx"

ionia (CAP) patient, we would , admitted on cording to both our HMS) guidelines, this patient

(ID physician champion). We / patient, every time.

Upon reviewing the follo like to share the following , was g evidenced-based Institu should have received on over prescribing of antil resistance, and the deve please contact xxx (nur: We appreciate your ong



onia (CAP) patient, we would , admitted on ording to both our HMS) guidelines, this patient ie vour clinical judgment, ile infection, antimicrobial f you have any questions. re will contact you as soon as

ery patient, every time.

"This is a confidential professional/peer review and quality improvement document of xxxxxxx"

Hospital Medicine Safety Quality Improvement Team-Ann Arbor

Sincerely,

### possible to discuss.

Dear

# Strategy #5: Reduce Testing and Treatment

#### Background, Rationale and Suggested Implementation Strategies

- Educate providers, including hospitalists, internal medicine, family medicine, emergency medicine physicians, residents, advanced practice professionals (APPs), and nursing staff regarding the diagnosis of ASB vs UTI.
  - coucate patients and tamily members regarding the diagnosis of ASB vs UTI.
- Review ASB cases identified by HMS to direct high-yield intervention for recurrent problems.
- Evaluate and understand differences in provider groups (e.g., hospitalists, emergency department physicians).
   Target interventions to specific provider groups as necessary.
- Evaluate existing order sets to ensure preferred antibiotic options, doses, and durations are consistent with institutional UTI guidelines (including pre-operative order sets, ED admission sets, "commonly ordered test" lists).
- Utilize clinical decision support tools to discourage inappropriate urine culture testing, by requiring
- Utilize checklists to discourage ordering of urine cultures
- Require documentation of dose and indication of antibiotics prescribed in the antibiotic order. Consider adding documentation of urinary symptom necessitating treatment.
- Encourage documentation of dose, indication, and duration of antibiotics in the progress note.
- Encourage documentation of the total duration of antibiotics in discharge summary, potentially incorporating an area for antibiotic duration to be filled out in an automated discharge process.
- Create a protocol assessing for UTI in patients whose primary symptom is altered mental status (AMS).

- Educate providers
- Evaluate differences in provider groups
- Checklists for ordering urine cultures
- Documentation of dose/indication/duration
- Create a protocol for assessing patients with AMS as the only symptom
  - AMS is the only symptom for ~30% of patients with a positive urine culture

# Strategy #5: Reduce Testing and Treatment \_\_\_\_\_\_ of Asymptomatic Bacteriuria (ASB)



#### References:

- Leis JA et al. <u>Reducing Antimicrobial Therapy for Asymptomatic</u> <u>Bacteriuria Among noncatheterized inpatients: a proof of concept</u> <u>study</u>. *Clin Infect Dis* 2014.
  - Intervention at the stage of lab reporting that withheld urine culture results of non-catheterized inpatients unless requested by a physician

Jones CW et al. Reflect urine culture cancellation in the emergency department. J Emerg Med 2014.

 In the ED, authors estimate a 40% reduction in urine cultures if a culture was cancelled when urinalysis did not

# Resource detailing potential intervention

- Positive results from noncatheterized specimens were no longer automatically reported
- Instead, a message (see below) was provided to contact the lab
- Tx ASB 48%→12%
- Abs Risk Reduction 36%

The majority of positive urine cultures from inpatients without an indwelling urinary catheter represent asymptomatic bacteriuria. If you strongly suspect that your patient has developed a urinary tract infection, please call the microbiology laboratory.

# Strategy #5: Reduce Testing and Treatment of Asymptomatic Bacteriuria (ASB)

### Resources, References & Tools

#### Resources & Tools:

- Review HMS site reports (hard copy distributed at collaborative wide meetings and live reports available daily via the HMS data entry system) for the following:
  - Testing of Asymptomatic Bacteriuria
  - Treatment of Asymptomatic Bacteriuria with Antibiotics
    - <u>Types of Reports Available via HMS Registry</u>: Hospital Specific, Provider Group Specific (i.e. hospitalist v. emergency room physician), or Provider Specific
- HMS Guideline:
  - <u>UTI</u>
- <u>UTI Pocket Card</u> (Appendix D)
  - Consider modifying to poster size for posting in workrooms
- Educational Videos:
  - ASB vs UTI: For Nurses on the Frontline
  - Trautner, B. <u>Antibiotic Stewardship: Urinary Tract</u> Infection: for Providers
- Checklist for Appropriate Urine Culture Ordering (Appendix M)
- Tools for assessing a Urinary Tract Infection (UTI) in patients with Altered Mental Status (AMS)
  - Inpatient Algorithm Assessing for UTI in Patients with AM5 (Appendix N)
  - Mody, L. et al. <u>Urinary Tract Infections in Older Women: A</u> <u>Clinical Review</u>. JAMA 2014

- Educational Videos (Nurses, Providers)
- Checklist for appropriate urine culture ordering
- Flowchart for management of patients with AMS

### Strategy #5: Reduce Testing and Treatment of Asymptomatic Bacteriuria (ASB) MEDICINE SAFETY CONSORTIUN

### Flowchart for the Management of Patients with AMS

Inpatient Algorithm Assessing for Urinary Tract Infection in Patients with Altered Mental Status (AMS)

MICHIGAN HOSPITAL

Provides a resource for providers to utilize when AMS is the only symptom of a potential UTI

**Recommends** other treatment options prior to sending urinalysis or culture



### Strategy #5: Reduce Testing and Treatment of Asymptomatic Bacteriuria (ASB) MEDICINE SAFETY CONSORTIUN

### Flowchart for the Management of Patients with AMS

If change in mental status does not resolve in 24-48 hours or UTI specific signs or symptoms develop, perform urinalysis

If urinalysis is positive, send urine sample for culture

If urinalysis is negative, stop further evaluation of UTI

MICHIGAN HOSPITAL

If urine culture is negative, evaluate for other causes of AMS

If the urine culture is negative but presenting symptoms persist, evaluate for other etiologies and do not treat with antibiotics

If symptoms have resolved without antibiotic therapy, do not treat regardless of urine culture results

If the urine culture is positive and symptoms have not resolved, consider antibiotic therapy

Do not send urinalysis or urine culture for test of cure. If presenting symptoms persist, consider evaluation for other possible etiologies

> Modeled based on Mody, L (2014). JAMA. 2014 February 26; 311(8): 844-854. doi:10.1001/ jama.2014.303



# Strategy #5: Reduce Testing and Treatment



For testing,

target more than

prescribers ...

also target nurses!

• <u>https://discover.explaineverything.com/discover/thecode/JTMDJAT</u>



Background, Rationale and Suggested Implementation Strategies

- Require documentation of dose and indication of antibiotics prescribed in the antibiotic order.
- Encourage documentation of dose, indication, and duration of antibiotics in the progress note.
- Utilize 72-hour antibiotic time outs after starting antibiotics, including:
  - Assess indication(s) for antibiotics
  - Review culture results
  - Adjust drug selection (de-escalate) and doses
  - Consider switching to oral route
  - Decide and decument treatment durat
- Utilize pharmacists to review cultures, and if positive, ensure that the narrowest, appropriate antibiotic coverage is chosen for the diagnosis.
- Utilize HMS data to provide audit and feedback directly to providers regarding:
  - Coverage of methicillin-resistant Staphylococcus aureus (MRSA) with negative MRSA nasal swabs and/or respiratory cultures
  - Coverage of Pseudomonas with negative respiratory cultures

encourage de-escalation or vancomycin for pneumonia with negative respiratory cultures and/or nasal swabs for MRSA.

- Incorporate the effective duration of therapy into deescalation protocols (count all days of active therapy including IV).
- When reporting microbiology lab results consider:
  - Providing recommendations on likely contaminants (e.g., ≥ 3 organisms in a urine culture)
  - Selective reporting of antibiotic susceptibility results: (i.e. suppressing broad spectrum

- 72-hour time outs
- Utilize pharmacists to review cultures and ensure appropriate antibiotic prescribing
- Audit/feedback to providers



#### Resources, References & Tools

#### Resources & Tools:

- Review HMS site reports (hard copy distributed at collaborative wide meetings and live reports available daily via the HMS data entry system) for the following
  - Antibiotic treatment regimens for UTI and CAP/HCAP
  - Discharge antibiotics
  - Patients with negative culture for MRSA and on MRSA coverage
  - Patients with negative culture for Pseudomonas and on
- Examples from Intermountain Health for Pharmacist-driven tools to aid in de-escalation
  - <u>De-escalation quick reference guide for pharmacists</u> (Appendix O)
  - Antibiotic indications for observasists (Appandi
- <u>72-hour Antibiotic Time Out Checklist</u> (Appendix J)

#### References:

- Chotiprasitsakul D et al. <u>The Role of Negative Methicillin-Resistant</u> <u>Staphylococcus aureus Nasal Surveillance Swabs in Predicting the</u> <u>Need for Empiric Vancomycin Therapy</u>. Open Forum Infect Dis 2017.
  - Among 11,441 ICU patients, a negative nasal MRSA surveillance swab had an NPV of 99.4%
- Labelle AJ et al. <u>A comparison of culture-positive and culture-negative health-care-associated pneumonia</u>. Chest 2010.
  - For ICU and non-ICU HCAP patients, those that had a negative culture had lower severity of illness, hospital mortality, and hospital length of stay compared with those with a positive culture
- Buckel WR et al. <u>Broad-versus Narrow-Spectrum Oral Antibiotic</u> <u>Transition and Outcomes in Health Care-associated Pneumonia</u>. Ann Am Throrac Soc 2017.
  - Retrospective review of patients admitted with HCAP and negative culture, initially treated with broad-spectrum antibiotics (anti-MRSA and/or anti-Pseudomonas activity)

- De-escalation quick reference guide for pharmacists
- Antibiotic indications for pharmacists
- Antibiotic Time Out Checklist



### Antibiotic Time-Out Checklist





### De-escalation Quick Reference Guide for Pharmacists

Quick Reference Guide for Hospital Pharmacists

This quick reference guide describes the process of antibiotic de-escalation in patients with positive bacterial cultures. This quide is not intended for use in patients on empiric antibiotics with negative

**De-escalation** 

### Defines deescalation

Details 6 steps to determine whether de-escalation is appropriate

#### bacterial cultures. This 6-step process ensures that patients receive the narrowest-spectrum antibiotic to treat the infection. What is de-escalation? As you know, we often prescribe broad-spectrum antibiotics because we don't Key Points have the full clinical picture. In many cases, the initial empiric antibiotic is not the Switching to narrower spectrum best option for treatment of the patient's infection. De-escalation is when we antibiotics when clinically indicated can prevent adverse reactions and reduce switch to a narrower-spectrum antibiotic to target the causative pathogen(s) antibiotic resistance. identified on culture. What is my role in de-escalation? Every day, review all patients on broad-spectrum antibiotics in your patient The goal of de-southt ton is to care area and identify those with positive cultures. Review these patients using determine whether a name the 6-step process outlined in this guide to determine whether a narrower antibiotic would be more a antibiotic would optimize therapy. If you feel a change in therapy is needed, foreach patient. work with the prescribing provider and recommend an alternate therapy. This process is designed for patients with positive cultures only! What is the process? For every patient on broad-spectrum antibiotics with a positive culture, review the 6-steps to determine whether de-escalation is appropriate. tep 2 tep 4: Step 5: Step & Review resistance Review antibiotic Assess the Evaluate the source Review culture is an Infection present Is the posit What is the What Are there Is infection present? culture complete? organism susceptibli the patient on? Can w

Intermountain<sup>.</sup> Healthcare

### Emphasizes the pharmacists role in de-escalation

# How to Use the HMS Antimicrobial Use Toolkit



- Toolkit covers multiple problem areas
- Select tools that fit your organizations needs and addresses your hospital specific problem areas
- This toolkit is a live document and will continually be updated as new tools/interventions are developed
  - If you have tools to be added to the toolkit please contact <u>hospmedqi@umich.edu</u>
- Hospital specific examples will be added over time

# How to Access the HMS Antimicrobial Use Toolkit



- Toolkit available on the HMS website
  - o http://mi-hms.org/hms-antibiotic-toolkit

### • Formats

- PDF Version (print, email, etc)
- Electronic version (mobile friendly)
- Option on HMS website to add hospital logo for select tools
  - <u>http://mi-hms.org/resources/hms-quality-initiative-</u> toolkits/hms-antimicrobial-toolkit

## How to Access the HMS Antimicrobial Use Toolkit



#### About HMS

HMS Highlights

For Members

Quality Initiatives

Resources

HMS Quality Initiative Toolkits

HMS Antimicrobial Toolkit

HMS PICC Toolkit

HMS VTE Toolkit

Initiative Related Web Resources

Articles of Interest

### HMS Antimicrobial Toolkit

**Click Here to Access the HMS Antimicrobial Toolkit** 

For Healthcare Professionals

### HMS Antibiotic Toolkit

### TIER 1: GLOBAL STRATEGIES TO IMPROVE ANTIMICROBIAL USE

**Recommendations -** Click on a recommendation below to view their Background, Rationale and Suggested Implementation Strategies, Resources & Tools, and References

- Convene a Workgroup to Focus on Tier 1 Strategies
- Develop and Share Institutional Guidelines for UTI and Pneumonia
- Integrate and Operationalize Institutional Guidelines for UTI and Pneumonia
- Reduce Duration of Antibiotic Treatment for Uncomplicated CAP to 5 Days
- Reduce Testing and Treatment of Asymptomatic Bacteriuria (ASB)
- · De-escalate Antibiotic Treatment for UTI and Pneumonia

Select a strategy for the resources, tools & references

# Next Steps- How to Get Started

### • Step 1:

- Convene workgroup
- Step 2:
  - Review HMS data to determine opportunities for improvement

### • Step 3:

- If local guidelines exist, compare guidelines and make modifications, if necessary
- If no local guidelines, develop institution guidelines

### • Step 4:

• Select 2 tools to implement during the next year

\*Resource provided in toolkit



# Thank You!



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# Questions?